



**IMSSA Executive Council Meeting #3 Agenda**  
**October 27th, 2016; 5:30 pm**  
**PMH Main Boardroom**  
**M-805**

**1) Introductions**

- a. Reimbursement- Post-event form:
  - i. Fill out form, keep receipt and send receipts to Royce; no form or receipts = no reimbursements
- b. CCR:
  - i. Do this soon; if CCR isn't given in time, someone else may fill in your position on CCR in order for IMSSA to look complete (whole).

**2) GSU**

- a. GSU conference grant will be maintained

**3) Communications/ Webmaster**

- a. Send in bios very soon! Valera aims to have bios put up by the weekend.

**4) Social Events**

- a. Hart House Farms:
  - i. 23-24 people have been enrolled
  - ii. Need to figure the carpool issue (Melissa, Dalia, Tania)
- b. Holiday Party
  - i. Subcommittee has decided theme to be "Winter Wonderland/ Candyland". Going to have table with candy to serve as loot bag. Color theme is light blue/white/silver
  - ii. Party held at December 2<sup>nd</sup>
  - iii. Non-IMS people will have to pay \$10
- c. Apartment soirée
  - i. 18 have RSVP'd; only IMSSA people allowed; deadline to RSVP is next Wednesday.
  - ii. \$5/person
  - iii. Food (pizza, snacks) and drinks are provided

**5) Community and Outreach**

- a. General name for events is "Beyond the Bench".
- b. Homelessness event
  - i. November 26<sup>th</sup>/Saturday December 10<sup>th</sup> are the tentative date(s) of event
- c. Mental Health First Aid
  - i. No licensing fee is required, but materials are required for training session; manuals to cost approximately \$28/person

- ii. To get in touch with University Health and Wellness officer in order to fit this program into the overall university scheme.

#### **6) Sports**

- a. Volleyball follow up
- b. Ball hockey follow up
- c. Sports award
  - i. Lori to provide more information in 2 weeks
- d. November: volleyball clinic; to send Doodle poll, but dates are tentatively November 2<sup>nd</sup> and November 21<sup>st</sup> (both sessions to start around 3:30pm); November 21<sup>st</sup> is more likely.
- e. December: Doodle poll to be sent in end of November to early December

#### **7) Academic Events**

- a. student panel
  - i. Nancy to set a panel of senior IMS students

#### **8) Wellness**

- a. Brenda Toner- Mindful Moments drop-in classes follow up
  - i. Brenda is willing to try and host classes at 5 pm to make it convenient for more people.
- b. Run Club
  - i. Run club to start next Wednesday (outside Hart House); time to start is 6pm
- c. Yoga Classes
  - i. Currently looking into booking a room.
- d. Subcommittee
  - i. Send Fadl your ideas.

#### **9) Site Directors (feel free to collaborate with other site directors)**

- a. TWH: pizza lunch
- b. MSB: pizza lunch
- c. TGH: pizza lunch in November; to collaborate with MaRS; in winter, therapy dogs done in collaboration with Mount Sinai
- d. Sunnybrook: pizza lunch + weekly exercise session
- e. CAMH: November 7<sup>th</sup>; event is undecided
- f. Sick Kids: pizza lunch + human bingo; November 8<sup>th</sup>
- g. St. Mike: games night; November 23<sup>rd</sup> (5-7pm); 5<sup>th</sup> floor lounge
- h. PMH: pizza lunch in 2 weeks
- i. Mount Sinai/ Toronto Rehab: Potluck (early December)
- j. Budget/event is \$50; 3 events/semester; so overall budget is \$150; collaboration will lead to more money.
- k. Idea is "Paint Night"; ticket price is \$45 (price tentative assuming at least 30 people attend; \$15 of \$45 will go to charity); event aimed to be done in second semester.

#### **10) IMSSA Apparel**

- a. Order has been placed; aim to have the apparel delivered by next meeting (in 2 weeks) in time for Hart House.

**11) Other Business**

- a. IMSSA Picture- Toronto Sign: ideally taken picture before meeting if Toronto Sign is chosen; be done maybe next meeting